

Child and Adolescent Information Form

Today's Date _____ DOB: _____ Gender _____ Referral Source _____

Name: _____
 Last First Middle (Nickname)

Address: _____ Phone: _____

Current School: _____ Grade: _____ Alternate Phone: _____

Emergency Contact: _____ (name, relationship) Phone: _____

Family Composition:

| Name | Age | Relationship to Child | Occupation and/or Location (if not home) |
|------|-----|-----------------------|--|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Youth's strengths: (what is he/she good at, in what areas does he/she excel, when does he/she succeed?)

Family's strengths and/or strengths as a parent: _____

Area where parent struggles the most in terms of parenting effectively? _____

How would you rate your relationship? (parent and child) _____

Presenting Issues: _____

When is the presenting issue NOT a problem (for example, using the “Exception question” – when DOES Johnny handle his anger appropriately?)

What strategies have been tried in the past? How successful were they? _____

History of previous treatment? (counseling, psychiatric evaluations, hospitalizations, drug/alcohol treatment, medications) Include location and dates. _____

Diagnosis history _____ (WHO diagnosed and when)

Current Medications _____ None _____

How long have you taken these meds? _____ Last use _____ Rx by _____

Major medical problems, surgery, accident, or illness (that impact current functioning)? None

Suicidal or homicidal ideation, thoughts, attempts? None (include dates, method, and outcomes)
***** If there is current SI/HI, implement safety plan immediately before leaving the home and leave copy with family.

Eating or sleeping problems in the last 30 days? None

Nightmares, (auditory or visual) hallucinations, or self-mutilation behaviors? None

Who else is currently involved _____
(include CMO, YCM, residential, shelter, Dr., therapist)

Legal Issues: _____

Upcoming Court Dates: _____

Recommendations/Goals for Treatment: _____

Client Signature _____

Date: _____

Parent Signature _____

Date: _____

Therapist's Signature _____

Date: _____

Problem Checklist for Children and Adolescents

(Must be completed at intake session and at discharge)

Name _____

Date _____

(***** NOTE: Please distinguish between parent/guardian's answers and youth's answers. For example, note one with a triangle, and one with a circle. It is often helpful to go over this list with parent and child SEPARATELY but note the disparity between child's answers and parent's.)

List represents common difficulties or concerns that individuals may have. Please read the list and rate the severity of each item by circling one number for each item. If the item is not a problem, circle "0."

| | Not a Problem | Occasional Problem | Mild Problem | Moderate Problem | Severe Problem |
|-------------------------------------|------------------|-----------------------|-----------------|---------------------|-------------------|
| School Problems (behavioral) | 0 | 1 | 2 | 3 | 4 |
| Learning Disability/Academic | 0 | 1 | 2 | 3 | 4 |
| Rebellious Behavior | 0 | 1 | 2 | 3 | 4 |
| Hyperactivity/Can't slow down | 0 | 1 | 2 | 3 | 4 |
| Attention/Concentration problems | 0 | 1 | 2 | 3 | 4 |
| Eating Problems (appetite, gorging) | 0 | 1 | 2 | 3 | 4 |
| Nervous Tics/Movements | 0 | 1 | 2 | 3 | 4 |
| Has Bladder/Bowel accidents | 0 | 1 | 2 | 3 | 4 |
| Problems w/Parents | 0 | 1 | 2 | 3 | 4 |
| Problems w/other family members | 0 | 1 | 2 | 3 | 4 |
| Physical Health problems | 0 | 1 | 2 | 3 | 4 |
| Traumatic Experience (s) | 0 | 1 | 2 | 3 | 4 |
| Legal Problems | 0 | 1 | 2 | 3 | 4 |
| Confusion or memory problems | 0 | 1 | 2 | 3 | 4 |
| Disturbing thoughts or dreams | 0 | 1 | 2 | 3 | 4 |
| Lack of confidence/low self- esteem | 0 | 1 | 2 | 3 | 4 |
| Feelings of depression or sadness | 0 | 1 | 2 | 3 | 4 |
| Feelings of nervousness/worry | 0 | 1 | 2 | 3 | 4 |
| Impulse control problems/decisions | 0 | 1 | 2 | 3 | 4 |
| Irritability or impatience | 0 | 1 | 2 | 3 | 4 |
| Feelings of guilt | 0 | 1 | 2 | 3 | 4 |

| | Not a Problem | Occasional Problem | Mild Problem | Moderate Problem | Severe Problem |
|-------------------------------------|---------------|--------------------|--------------|------------------|----------------|
| Loneliness and or social withdrawal | 0 | 1 | 2 | 3 | 4 |
| Problems accepting authority | 0 | 1 | 2 | 3 | 4 |
| Problems with grief | 0 | 1 | 2 | 3 | 4 |
| Trouble relating to others | 0 | 1 | 2 | 3 | 4 |
| Sexual concerns/promiscuity | 0 | 1 | 2 | 3 | 4 |
| Alcohol or drug abuse | 0 | 1 | 2 | 3 | 4 |
| Sleep problems | 0 | 1 | 2 | 3 | 4 |
| Anger or problems w/temper | 0 | 1 | 2 | 3 | 4 |
| Fears/Phobias | 0 | 1 | 2 | 3 | 4 |
| Separation or divorce | 0 | 1 | 2 | 3 | 4 |
| Lies or Exaggerates | 0 | 1 | 2 | 3 | 4 |
| Childish or immature | 0 | 1 | 2 | 3 | 4 |
| Runs Away | 0 | 1 | 2 | 3 | 4 |
| Steals Things | 0 | 1 | 2 | 3 | 4 |
| Basic Needs clothing, food, housing | 0 | 1 | 2 | 3 | 4 |

The following issues need further documentation or follow up if marked more than "0"

| | | | | | |
|------------------------------|---|---|---|---|---|
| *Sexual Abuse | 0 | 1 | 2 | 3 | 4 |
| *Fire Setting | 0 | 1 | 2 | 3 | 4 |
| *Gang Involvement | 0 | 1 | 2 | 3 | 4 |
| *Suicidal/homicidal ideation | 0 | 1 | 2 | 3 | 4 |

Explanation/Clarification of any of the above four issues: _____

Client Signature _____ Parent Signature _____

If not completed by client, reason? _____

Intake Score _____

Final Score _____

Authorization to Release Information

I, _____, hereby authorize _____ to release/obtain information contained in my client records to/from the following individual(s) and/or organization(s), and only under the conditions listed below.

Name of person(s), organization(s) and address/phone to whom disclosure/exchange is to be made:

The purpose and need for such disclosure/exchange: (Check all that apply)

Continuity of treatment _____ Family Involvement _____

After Care Planning _____ Referral _____

Other: (Please Specify) _____

This consent is subject to revocation at any time. This consent will terminate within one year of signing.

Client Signature _____ Date _____

Parent Signature _____ Date _____

Witness Signature _____ Date _____

